

Dear Young Person,

I hope this letter finds you well. I am a bit of a dreamer and I reckon you probably are too. So, I thought I would share some of my dreams with you.

Last year I went to a beautiful wedding in the countryside. When I left the wedding to walk to my hotel, it was cold, very late and scarily dark, but I looked up and I could see thousands of stars. The coldness of the air disappeared as I looked up into the beautiful night's sky. The sky was breath-taking, especially the shooting star that flew across the sky. I wanted to know where it was going. I have never seen anything so magnificent. Have you ever seen a shooting star?

Seeing the stars that night reminded me how small we are. If you're ever feeling sad, do you know what I recommend? Stop and really look around you. We all live such busy lives, but if you stop and look at everything you will see so many things. Look at the stars, the trees, the clouds and the top of buildings. Look as if you were seeing it for the first time. I bet you will notice things you have never seen before. There are so many lovely things in the world and if you look carefully, you are bound to see some of them.

That night, I wish I could take one of those stars home with me. I imagined the star shooting into my pocket and I would look after it like the rarest jewel and we would go on an adventure together.

Space is a fascinating place, and it fires my imagination. I am not an expert on space, but I do know there is something beautiful about watching those twinkling skies from down here on earth.

I would love to know what you have noticed recently. Good luck.

Yours Faithfully

Linda